



## YOUTH BASKETBALL PRACTICE RESOURCES

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### General Practice Resources:

- Motivating/ coaching tips and tricks to utilize throughout the season:  
<https://www.breakthroughbasketball.com/mental/motivate-players.html>

### Skills/ Drills:

- Skills to work on based on age/level:  
<https://www.breakthroughbasketball.com/coaching/teach-youth.html>
- Drills/ games for youth basketball players:  
<https://www.breakthroughbasketball.com/drills/kids-youth.html>
- Practice plans/ layouts: <https://jr.nba.com/basketball-practice-plans/starter/>
- Practice plans/ layouts: <https://www.basketballforcoaches.com/basketball-practice-plan/>
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